

Food Allergy Word Search

ALLERGIST	S X I B L I H N Z V P T G H R H
EGG	N H L S V G I Z T M A X Y B K Z
EPIPEN	G L E F P I U E R T U N A E P I
FISH	R E M L Z F J Z E R Z A J V W S
MILK	R V Z Z L E S T E R D X S E A L
PEANUT	J S I S O F P P N N D T P O K V
SHELLFISH	E E G Q U O I Y U H X I A L Y C
SOY	A L L E R G I S T V P O I E Q S
TREENUT	T J I J Y X X J H E Z M R D H M
WHEAT	R Z I S O R H X N C C H E G G W
	D T H R R R I G W J H K T V V H
	D K P V N T N K D X G Z H E O S
	Z W W I F W B G D B Q N V T O I
	W Q C Q U P G F C V I F T D Y F
	Q R E S X F L J Z P W K B S L F
	J B F Z G A K D L N C D W O O C

If you have a food allergy make sure you know what you're allergic to before you eat food from a restaurant, at school or at a party. If you do have an allergic reaction to something you eat, you need to get help right away. Help your parents, teachers or caregivers know how to recognize the symptoms of your allergic reaction and how to treat it.